
**Student Stress, Emotional Intelligence, Applying to Graduate
School, and Doctoral Training
SIG 10**

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INTRODUCTION

In these *Perspectives* (SIG 10) Roos and Schreck examine the stress experienced by undergraduate students in communication sciences and disorders (CSD), including stress levels, reasons for stress, stress management, and knowledge/use of campus resources to address stress. Shah and Galantino address building the emotional intelligence of undergraduate students studying CSD through exercises completed in class. Sylvan, Perkins, and Tuglio study the experiences and perceptions of CSD students applying to master's degree programs, including deciding factors for top choices of graduate programs, emotional involvement in the application process, biases/rumors heard, student challenges, advice to future applicants, and what students would change about the application process. Finally, Crais and Savage present an examination of CSD graduates' perceptions of their PhD program, including challenges they faced, facilitators for success, their preparation for research/teaching/job readiness, and ways PhD education might be improved.

LEARNING OUTCOMES

You will be able to:

- describe sources of stress experienced by undergraduate students in communication sciences and disorders (CSD)
- describe research on nationally emergent student issues related to emotional intelligence
- explain challenges faced by CSD undergraduate students applying for master's degree programs
- describe research activities that were rated as the most helpful by PhD students who graduated from CSD programs

PROGRAM HISTORY

Start date: May 29, 2020
Available through: May 27, 2023

IMPORTANT INFORMATION

To earn continuing education credit, you must complete the test with a passing score on or before **May 27, 2023.**



ASHA Professional Development is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.40 ASHA CEUs (Intermediate level, Related area).