Clinical Applications of Meta-Therapy in Speech-Language Pathology
SIG 3

INTRODUCTION

Meta-therapy is an integral pillar of clinical practice; however, the lack of formal training in this area often makes the concept and application of meta-therapy elusive to clinicians. The goal of this SIG 3 activity is to disseminate how meta-therapy can be effectively utilized in the clinical domains of voice disorders, fluency, dysphagia, and cognitive communication and aphasia.

LEARNING OUTCOMES

You will be able to:

- define meta-therapy in the context of a voice evaluation session
- describe two examples of meta-therapy narratives specific to stuttering therapy
- describe how to integrate meta-therapy into dysphagia rehabilitation
- list and describe the five goals of meta-therapy

CONTENTS

Introduction to the Perspectives Forum on the Topic of Meta-Therapy in Speech-Language Pathology by Leah B. Helou

Meta-Therapy Applications for the Voice Evaluation by Brian E. Petty, Amanda I. Gillespie, and Eva van Leer

Beyond the Stuttering Toolbox: The Concept of Meta-Therapy by Katie Gore and Courtney L. Margulis

Application of Meta-Therapy to Dysphagia Rehabilitation by Cara Donohue and James L. Coyle


PROGRAM HISTORY and IMPORTANT INFORMATION

Start date: July 17, 2023
End date: July 17, 2028

To earn continuing education credit, you must complete the learning assessment on or before July 17, 2028.
This course is offered for 0.45 ASHA CEUs (Intermediate level, Professional area).