Understanding Picky Eating: Getting Past the “Ick, I Don’t Want That”

INTRODUCTION

This webinar will examine the continuum of picky eating and explore reasons why children become “picky” across several developmental domains. The speaker will focus on the oral motor and sensory skills necessary for transitioning from liquids to puree, meltable, and eventually textured table foods within the first year of life. The webinar will present strategies to enable SLPs to identify and treat skill deficits and ultimately decrease the likelihood of a child being labelled as having a “behavioral feeding disorder.”

LEARNING OUTCOMES

You will be able to:

- discuss the oral motor and sensory behaviors that need to be assessed during a feeding evaluation with families and colleagues
- list skill deficits that are correlated with eating only liquids, purees, meltable foods, and textured foods
- list types of foods a child would likely prefer or reject based upon their skill deficits

PROGRAM HISTORY and IMPORTANT INFORMATION

Live webinar: Thursday, October 8, 2020
1:00–3:00 p.m. Eastern time
(Noon Central time, 11:00 a.m. Mountain time, 10:00 a.m. Pacific time)

On-demand webinar: October 10, 2020– October 8, 2025

To earn continuing education credit, you must complete and submit the learning assessment within 5 days of watching the webinar, or before October 8, 2025, whichever comes first.

To see if this program has been renewed after this date, please search by title in ASHA’s online store at www.asha.org/shop.

This course is offered for 0.2 ASHA CEUs (Intermediate level, Professional area).