
Addressing the Iceberg of Stuttering: Strategies to Support Acceptance and Openness

INTRODUCTION

This webinar will provide practical, evidence-based strategies that target the psychological, emotional, and social domains of stuttering (the lower, underwater mass of the iceberg) to help clients progress from tendencies of avoidance to acceptance and openness. The speakers will discuss how to integrate basic interpersonal counseling strategies into person-centered treatment and then will guide attendees through creating acceptance-based holistic goals and objectives and documenting progress.

LEARNING OUTCOMES

You will be able to:

- integrate holistic evidence-based strategies to enhance your clients' acceptance and openness toward their stuttering
- utilize basic interpersonal counseling strategies in your person-centered treatment to validate and support clients' lived experiences
- create acceptance-based goals and objectives for stuttering intervention and document progress

PROGRAM HISTORY and IMPORTANT INFORMATION

Live webinar: Thursday, December 3, 2020

1:00–3:00 p.m. Eastern time

(Noon Central time, 11:00 a.m. Mountain time, 10:00 a.m. Pacific time)

On-demand webinar: December 5, 2020– December 3, 2025

To earn continuing education credit, you must complete and submit the learning assessment **within 5 days** of watching the webinar, or **before December 3, 2025**, whichever comes first.

To see if this program has been renewed after this date, please search by title in ASHA's online store at www.asha.org/shop.



ASHA Professional Development is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.2 ASHA CEUs (Intermediate level, Professional area).