Life After TBI: Coping With PTSD, Ambiguous Loss, and Mental Health Symptoms

INTRODUCTION

This session explores mental health conditions—including post-traumatic stress disorder (PTSD), depression, and ambiguous loss—that individuals with TBI often experience. The speaker discusses how to recognize symptoms, normalize the experiences, and support recovery for individuals with TBI.

This course is a recorded session from the 2020 online conference “Maximizing Functional Outcomes for Individuals With Traumatic Brain Injuries.”

LEARNING OUTCOMES

You will be able to:

• define PTSD, depression, and ambiguous loss
• list empirical evidence regarding the correlation between TBI & mental health conditions
• describe strategies to support recovery from TBI and mental health conditions

PROGRAM HISTORY and IMPORTANT INFORMATION

Recording length: 63 minutes
Online conference dates: March 18–30, 2020; December 2–14, 2020
End date: March 18, 2025

To earn continuing education credit, you must complete the learning assessment on or before March 18, 2025.

ASHA Professional Development is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.1 ASHA CEUs (Intermediate level, Professional area).