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# Executive Function and Self-Regulation After TBI: Apps for Daily Life

## INTRODUCTION

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This session explores how mobile apps can help adults and adolescents recovering from TBI address common executive function and self-regulation challenges.

This course is a recorded session from the 2020 online conference “Maximizing Functional Outcomes for Individuals With Traumatic Brain Injuries.”

## LEARNING OUTCOMES

*You will be able to:*

- personalize a reference tool that pairs apps with desired outcomes for executive function and/or self-regulation challenges
- write student/client goals to address executive function and/or self-regulation challenges and identify app features that can help achieve these goals

## PROGRAM HISTORY and IMPORTANT INFORMATION

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**Recording length:** 57 minutes

**Online conference dates:** March 18–30, 2020; December 2–14, 2020

**End date:** March 18, 2025

To earn continuing education credit, you must complete the learning assessment on or before **March 18, 2025**.



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This course is offered for 0.1 ASHA CEUs (Intermediate level, Professional area).