College Students With TBI: Cognitive Coaching That Promotes Self-Regulation

INTRODUCTION

This session explores the challenges that college students face after brain injury. The speaker discusses a coaching approach that is "least restrictive" yet supports and instructs students in self-regulation. The speaker also shares practical, metacognitive strategies and tools that support students’ executive functions so they can meet academic and social goals.

This course is a recorded session from the 2020 online conference “Maximizing Functional Outcomes for Individuals With Traumatic Brain Injuries.”

LEARNING OUTCOMES

You will be able to:

- explain how cognitive impairment leads to academic and social challenges in college
- state the differences between a coaching approach and a traditional didactic approach to treatment
- demonstrate instructional techniques that promote self-regulation to help college students use their executive functions to achieve their goals

PROGRAM HISTORY and IMPORTANT INFORMATION

Recording length: 65 minutes

Online conference dates: March 18–30, 2020; December 2–14, 2020

End date: March 18, 2025

To earn continuing education credit, you must complete the learning assessment on or before March 18, 2025.

This course is offered for 0.1 ASHA CEUs (Intermediate level, Professional area).