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## Supervision in the Era of COVID-19: Tips from a Trauma-Informed Perspective (SIG 11)

### INTRODUCTION

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This course discusses the challenges of speech-language service provision and supervision during the COVID-19 pandemic, focusing on the needs of clients, supervisees, and clinicians themselves. The pandemic has created many professional challenges for SLPs, including the need to quickly adjust to telepractice for service delivery and supervision, emotional stressors and trauma that may exacerbate clients' communication difficulties, and vicarious traumatization of clinicians themselves. The speaker discusses mindfulness, presence, and self-regulation as tools to enhance and adapt speech-language intervention and supervision in the current reality.

*This course is part of the SIGnature Series, a collection of courses developed by volunteers from ASHA's Special Interest Groups, who share practical, evidence-based suggestions and solutions based on their in-depth knowledge, clinical experiences, and passion for their specialty areas. This course was developed by SIG 11: Administration and Supervision.*

### LEARNING OUTCOMES

You will be able to:

- Describe three techniques to engage clients during highly stressful times
- Identify three aspects of trauma-informed supervision that will enhance supervisees' work with their clients
- Discuss two aspects of emotional readiness and self-awareness SLPs can use to self-assess before they begin a speech-language treatment session

### PROGRAM HISTORY and IMPORTANT INFORMATION

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**Original program recording:** October 2020

**End date:** October 1, 2025

To earn continuing education credit, you must complete and submit the learning assessment on or before **October 1, 2025**.



ASHA Professional Development is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.15 ASHA CEUs (Intermediate level, Professional area).