Diagnosis and Treatment of Exercise-Induced Laryngeal Obstruction (EILO) (SIG 3)

INTRODUCTION

This course will address assessment standards for confident diagnosis of exercise-induced laryngeal obstruction (EILO) for clinicians across settings. Speakers will discuss differential diagnoses and complex, co-occurring conditions as well as provide an update on terminology used to describe variants of what used to be commonly known as paradoxical vocal fold motion (PVFM). The speakers will use case examples and research summaries to discuss current, evidence-based, behavioral methods for remediation and resolution of these conditions.

This course is part of the SIGnature Series, a collection of courses developed by volunteers from ASHA's Special Interest Groups, who share practical, evidence-based suggestions and solutions based on their in-depth knowledge, clinical experiences, and passion for their specialty areas. This course was developed by SIG 3: Voice and Upper Airway Disorders.

LEARNING OUTCOMES
You will be able to:
- Identify common differential diagnoses that may delay appropriate diagnosis of EILO
- Name one assessment standard for the diagnosis of EILO
- Describe one current behavioral treatment for EILO

PROGRAM HISTORY and IMPORTANT INFORMATION

Original program recording: October 2020
End date: October 1, 2025

To earn continuing education credit, you must complete and submit the learning assessment on or before **October 1, 2025.**

APPROVED PROVIDER ®

ASHA CONTINUING EDUCATION
AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

ASHA Professional Development is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.2 ASHA CEUs (Intermediate level, Professional area).