Feeding, Swallowing, and Food Selectivity in Preschoolers

INTRODUCTION

Feeding and swallowing difficulties have a significant impact on children’s health, well-being, development, and educational potential. These disorders affect a child’s ability to engage in mealtimes, limiting socialization opportunities, nutritional intake, hydration, and growth patterns. This session discusses typical and atypical development of feeding patterns as well as how to differentiate between feeding and swallowing difficulties and how to identify any overlap in the two. The speaker also describes behavior management techniques to help address feeding challenges. Finally, the session explores how to determine appropriate goals and supports to optimize functional outcomes to benefit the preschooler and his/her family.

This course is a recorded session from the 2019 online conference “Innovative Methods for Preschool Assessment, Collaboration, and Treatment.”

LEARNING OUTCOMES

You will be able to:

- discuss typical and atypical development of feeding patterns in the preschool population
- differentiate between feeding and swallowing disorders and discuss the possible overlap in presentation
- state three food-related properties that increase feeding challenges for preschool children and their caregivers
- identify and discuss three behavioral management techniques to enhance food acceptance in preschool children who demonstrate food selectivity

PROGRAM HISTORY and IMPORTANT INFORMATION

Recording length: 63 minutes
Online conference dates: February 20–March 4, 2019; October 16–28, 2019
End date: February 20, 2024

To earn continuing education credit, you must complete the learning assessment on or before February 20, 2024.

This course is offered for 0.1 ASHA CEUs (Intermediate level, Professional area).