Help Young Adults With Language and Emotion Regulation Deficits Achieve Better Quality-of-Life Outcomes

INTRODUCTION

Young adults with mild-to-moderate language impairments and low emotional intelligence often struggle to perform independently in mainstream adult settings. This session from ASHA’s 2021 Schools Connect online conference discusses language and emotional intelligence skills that help post-secondary students achieve better quality-of-life outcomes. The speaker discusses strategies, activities, and resources that SLPs and their secondary students can use to improve outcomes. The session strives to reaffirm and refine SLPs’ capacity to make a positive societal impact by serving this student population.

LEARNING OUTCOMES

You will be able to:

- Identify three emotional intelligence skills needed for success in employment, post-secondary, and community settings
- Explain how language-based, emotion regulation (ER) deficits contribute to poor quality-of-life outcomes for young adults with language impairments
- Identify three resources, practical activities, strategies, and/or collaborative actions SLPs can use to improve students’ career readiness and employability

PROGRAM HISTORY and IMPORTANT INFORMATION

Recording length: 87 minutes
Online conference dates: July 14–26, 2021
End date: July 14, 2026

To earn continuing education credit, you must complete the learning assessment on or before July 14, 2026.

This course is offered for 0.1 ASHA CEUs (Intermediate level, Professional area).