Leadership Academy: Resilient Leadership

INTRODUCTION

Leaders play an instrumental role in guiding their organizations through adversity, significant change, and crisis by maintaining their ability to persevere, rebound quickly from setbacks, maintain a positive attitude. The events of the past 18 months associated with the COVID pandemic have underscored how critical it is for leaders to sustain their grit and resilience. If not handled effectively, adversity can result in burnout, turnover, lost productivity, and poor performance. Influential leaders regularly invest in their resilience and support the ability of their followers to cope with tough times.

LEARNING OUTCOMES

You will be able to:

• Identify strategies to build grit
• Identify strategies to build resilience
• Describe strategies to support the grit and resilience of direct reports

PROGRAM HISTORY and IMPORTANT INFORMATION

Recording date: November 10, 2021
End date: January 8, 2027

To earn continuing education credit, you must complete and submit the learning assessment on or before January 8, 2027.

This course is offered for 0.1 ASHA CEUs (Intermediate level, Related area).