My Hearing Explained: Helping People Make Sense of Their Hearing Health

INTRODUCTION
Adults who are deaf or hard or hearing, as well as families of children with hearing conditions, often report that they struggle to understand the results of hearing assessments, make decisions about next steps, and convey the outcomes and implications to others. This course introduces the Ida Institute’s new conversation guide, My Hearing Explained, a tool to help hearing care professionals (both audiologists and SLPs specializing in hearing care) present hearing test results in a person-centered way and help patients and their families make decisions that are right for them.

LEARNING OUTCOMES
You will be able to:
- Describe key challenges of communicating hearing test results and implications for people with lived experience of hearing conditions
- Implement changes in your practice to make communicating about hearing care diagnostics and implications more person-centered
- Use the My Hearing Explained conversation guide in daily practice

Content Disclosure: This course includes substantial discussion of the My Hearing Explained conversation guide.

PROGRAM HISTORY and IMPORTANT INFORMATION

**Recording length:** 57 minutes  
**Recording date:** December 3, 2021  
**End date:** December 30, 2026

To earn continuing education credit, you must complete the learning assessment on or before December 30, 2026.

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This course is offered for 0.05 ASHA CEUs (Intermediate level, Professional area).