Management of Cognitive Symptoms of Mild TBI

INTRODUCTION

Concussion – or mild traumatic brain injury (mTBI) – is a unique injury that is different from more severe brain injury, and addressing the associated cognitive deficits requires personalized, targeted interventions. These articles discuss research and practical implications for the management of cognitive symptoms of mTBI, including defining the role of the SLP on interdisciplinary management teams, exploring specific assessment and treatment strategies, and emphasizing functional, personalized goals. The articles are from a 2021 American Journal of Speech-Language Pathology forum “Interdisciplinary Management of Concussion or Mild TBI.” The articles provide evidence and strategies to increase clinician confidence and effectiveness when working with individuals with concussion or mTBI.

LEARNING OUTCOMES

You will be able to:

- Identify and discuss the different terms used for this type of injury and population across different settings
- Describe the multi-scale and causal loop models of concussion and their applications to concussion rehabilitation
- Summarize the perspectives of at least 3 members of an interdisciplinary concussion management team
- Summarize areas of consensus and disagreement on clinical practices and the SLP’s role in mTBI assessment and treatment

CONTENTS

Knowledge and Skill Competencies for Speech-Language Pathology Management of Concussion, by McKay Moore Sohlberg and Pauline A. Mashima (https://doi.org/10.1044/2021_AJSLP-21-00068) .............................................. 3 pages


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PROGRAM HISTORY and IMPORTANT INFORMATION

Articles originally published in American Journal of Speech-Language Pathology
See the entire Forum, Interdisciplinary Management of Concussion or Mild TBI: https://pubs.asha.org/toc/ajslp/30/4

Start date: December 10, 2021
End date: December 10, 2026

To earn continuing education credit, you must complete and submit the learning assessment on or before December 10, 2026.

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This course is offered for 0.6 ASHA CEUs (Advanced level, Professional area).