Moral Distress and the SLP’s Game: Put Burnout on the Run

INTRODUCTION

Many SLPs in health care settings feel as though they are slowly losing “the game” and experiencing career burnout. This session explores moral distress and how it can impact the SLP’s long game. The speaker addresses difficult situations that SLPs confront daily in their health care careers and shares useful tools to get to the root of your moral distress. The session will help you develop a new game plan with strategies to come out with a win.

This course is a recorded session from the 2021 online conference “Empowered SLPs in Health Care: Breaking Barriers and Shaping Solutions.”

LEARNING OUTCOMES

You will be able to:

- list five common examples of moral distress in the health care work environment that can lead to career burnout
- utilize the “5 Whys” to identify the driving force of common problems in your workplace
- develop three SMART goals for taking action and implementing change to make immediate improvements in your work environment

PROGRAM HISTORY and IMPORTANT INFORMATION

Recording length: 77 minutes
Online conference dates: June 2–14, 2021
End date: June 28, 2026

To earn continuing education credit, you must complete the learning assessment on or before June 28, 2026.

This course is offered for 0.1 ASHA CEUs (Intermediate level, Related area).