Post-Intensive Care Syndrome in Adults and Children

INTRODUCTION

Adult and pediatric survivors of critical illness commonly experience post-intensive care syndrome (PICS, or PICS-p in children), consisting of impairments in mental health (e.g., anxiety, depression, and post-traumatic stress disorder symptoms), cognition, and physical function. These impairments are associated with worse health-related quality of life and can persist for years after discharge from the intensive care unit. This session describes the incidence of and risk factors for such symptoms as well as interventions to prevent and manage these impairments.

This course is a recorded session from the 2021 online conference “Maximizing Outcomes for Medically Complex Patients of All Ages.”

LEARNING OUTCOMES

You will be able to:
- describe the core components of post-intensive care syndrome in children and adults
- describe strategies for prevention and management of post-intensive care syndrome, with special attention to the SLP’s role, including communication strategies

PROGRAM HISTORY and IMPORTANT INFORMATION

Recording length: 62 minutes
Online conference dates: March 17–29, 2021; August 4–16, 2021
End date: March 17, 2026

To earn continuing education credit, you must complete the learning assessment on or before March 17, 2026.

This course is offered for 0.1 ASHA CEUs (Intermediate level, Professional area).