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# Counseling in Acquired Brain Injury

## SIG 2

### INTRODUCTION

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This SIG 2 activity focuses on counseling skills for working with persons with aphasia, “counseling+” activities for patients with mild cognitive impairment and dementia, and resilience in neurorehabilitation. First, Alyssa M. Lanzi, James M. Ellison, and Matthew L. Cohen describe “counseling+” activities across the continuum of care for persons with mild cognitive impairment and dementia. Second, Kristin M. Schaffer and Maya L. Henry provide a narrative literature review discussing research on counseling and care partner training in primary progressive aphasia. Third, Rebecca Hunting Pompon introduces a tutorial on using basic counseling skills for building the therapeutic alliance and navigating challenging conversations with persons with aphasia and their families. Finally, Aaron Rothbart and McKay Moore Sohlberg examine the key constructs fundamental to understanding resilience and provide examples of evidence-based practices that can be incorporated into neurorehabilitation practices to establish resilience.

### LEARNING OUTCOMES

*You will be able to:*

- explain how to conduct a memory screening and support clients and families during the diagnostic process
- describe existing research approaches pertaining to counseling and care partner training in primary progressive aphasia
- describe example responses within the five basic counseling skills and illustrate their applicability to various situations
- give an example of how to embed the promotion of optimism within a neurorehabilitation session

### CONTENTS

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The “Counseling+” Roles of the Speech-Language Pathologist Serving Older Adults With Mild Cognitive Impairment and Dementia From Alzheimer's Disease by Alyssa M. Lanzi, James M. Ellison, and Matthew L. Cohen

Counseling and Care Partner Training in Primary Progressive Aphasia by Kristin M. Schaffer and Maya L. Henry

Basic Counseling Skills: Working With People With Aphasia and Their Families by Rebecca Hunting Pompon

Resilience as a Mainstream Clinical Consideration for Speech-Language Pathologists Providing Post-Acquired Brain Injury Neurorehabilitation by Aaron Rothbart and McKay Moore Sohlberg

## PROGRAM HISTORY and IMPORTANT INFORMATION

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Start date: February 23, 2022

End date: February 23, 2027

To earn continuing education credit, you must complete the learning assessment on or before **February 23, 2027**.



**ASHA Professional Development** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.45 ASHA CEUs (Intermediate level, Professional area).